

Movingaround - China

Datum	Van	Naar	Fiets	Rust	# km	# u	gem. km/u	tot km
6/07/2012	Zilling			1				
7/07/2012	Zilling			1				
8/07/2012	Zilling			1				
9/07/2012	Zilling	Kumbum monastery	1		27	2:01:00	12,47	27
10/07/2011	Kumbum monastery	Qinghai Guide National Park	1		78	5:46:00	13,53	105
11/07/2011	Qinghai Guide National Park	ergens voor Khamra National Pa	1		70	5:37:00	12,46	175
12/07/2011	Khamra National Park	Jionza	1		86	6:11:00	13,91	261
13/07/2011	Jionza	Rongpo Gyakhar	1		64	4:19:00	14,83	325
14/07/2011	Rongpo Gyakhar			1				325
15/07/2011	Rongpo Gyakhar	Ganjia	1		63	5:58:00	10,56	388
16/07/2011	Ganjia	Sangke	1		74	5:25:00	13,66	462
17/07/2011	Sangke	Luqu	1		89	6:00:00	14,83	551
18/07/2011	Luqu	Langmusi	1		84	5:00:00	16,80	635
19/07/2011	Langmusi	Zoige	1		100	6:02:00	15,79	735
20/07/2011	Zoige	the middle of nowhere	1		67	5:34:00	12,04	802
21/07/2011	the middle of nowhere	Baihe	1		104	5:52:00	17,73	906
22/07/2011	Baihe	Jiuzhaigou	1		31	2:15:00	13,78	937
23/07/2011	Jiuzhaigou			1				937
24/07/2011	Jiuzhaigou			1				937
25/07/2011	Jiuzhaigou	middle of nowhere	1		70	6:14:00	11,23	1007
26/07/2011	middle of nowhere	Granita	1		71	5:30:00	12,91	1078
27/07/2011	Granita	middle of grasslands	1		88	5:28:00	16,10	1166
28/07/2011	middle of grasslands	Kakhok	1		65	3:46:00	17,26	1231
29/07/2011	Kakhok	Kakhok	1		32	2:48:00	11,43	1263
30/07/2011	Kakhok	Shuanjingsi	1		116	6:06:00	19,02	1379
31/07/2011	Shuanjingsi	Barkam	1		82	3:43:00	22,06	1461
1/08/2011	Barkam			1				1461
2/08/2011	Barkam	Rabden	1		92	4:42:00	19,57	1553
3/08/2011	Rabden	Danba	1		96	5:20:00	18,00	1649
4/08/2011	Danba			1				1649
5/08/2011	Danba	middle of nowhere	1		53	6:35:00	8,05	1702
6/08/2011	middle of nowhere	middle of Tagong grasslands	1		52	5:37:00	9,26	1754
7/08/2011	middle of Tagong grasslands	Quniba	1		70	4:20:00	16,15	1824
8/08/2011	Quniba	Kangding	1		59	3:54:00	15,13	1883
9/08/2011	Kangding			1				1883
10/08/2011	Kangding			1				1883
11/08/2011	Kangding			1				1883
12/08/2011	Kangding	middle of nowhere	1		96	6:02:00	15,16	1979
13/08/2011	middle of nowhere	Moxi	1		19	1:37:00	11,75	1998
14/08/2011	Moxi	Shimian	1		90	6:10:00	14,59	2088
15/08/2011	Shimian	Ganluo	1		70	6:50:00	10,24	2158
16/08/2011	Ganluo	Yuexi	1		83	7:30:00	11,07	2241
17/08/2011	Yuexi	Diouquietuo	1		56	6:08:00	9,13	2297
18/08/2011	Diouquietuo	Sikai	1		96	7:03:00	12,80	2393
19/08/2011	Sikai	Xichang	1		65	4:09:00	15,66	2458
20/08/2011	Xichang			1				2458
21/08/2011	Xichang			1				2458
22/08/2011	Xichang	middle of nowhere	1		55	5:20:00	10,31	2513
23/08/2011	middle of nowhere	middle of nowhere	1		62	6:28:00	9,59	2575
24/08/2011	middle of nowhere	Maijiaping	1		104	6:53:00	15,11	2679
25/08/2011	Maijiaping	Libai (Lugu Lake)	1		65	4:57:00	13,13	2744
26/08/2011	Libai (Lugu Lake)	Luoshui (Lugu Lake)	1		26	2:21:00	11,06	2770
27/08/2011	Luoshui (Lugu Lake)	Ninglang	1		82	6:36:00	12,42	2852
28/08/2011	Ninglang	middle of nowhere	1		101	7:27:00	13,56	2953
29/08/2011	middle of nowhere	Lijang	1		30	3:25:00	8,78	2983
30/08/2011	Lijang			1				2983
31/08/2011	Lijang			1				2983
1/09/2011	Lijang	middle of nowhere	1		100	6:42:00	14,93	3083
2/09/2011	middle of nowhere	Dali	1		97	5:27:00	17,80	3180

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3/09/2011	Dali			1				3180
4/09/2011	Dali	Nanjian	1		123	6:34:00	18,73	3303
5/09/2011	Nanjian	Wenlong	1		85	6:12:00	13,71	3388
6/09/2011	Wenlong	Zbenyuan	1		102	6:34:00	15,53	3490
7/09/2011	Zbenyuan	Wenhuajie	1		105	7:25:00	14,16	3595
8/09/2011	Wenhuajie	Pu'er (Simao)	1		92	6:49:00	13,50	3687
9/09/2011	Pu'er (Simao)			1				3687
10/09/2011	Pu'er (Simao)	Sanchaha Nature Reserve	1		119	7:27:00	15,97	3806
11/09/2011	Sanchaha Nature Reserve	Jinghong	1		52	3:29:00	14,93	3858
12/09/2011	Jinghong			1				3858
13/09/2011	Jinghong			1				3858
14/09/2011	Jinghong	Menglun	1		75	4:39:00	16,13	3933
15/09/2011	Menglun	Mengla	1		98	7:14:00	13,55	4031
16/09/2011	Mengla	Na Theuy (Laos)	1		78	5:06:00	15,29	4109
Totalen			54	19	4109	292:37:00		
Gem: km. - tijd - gem. - klim / fietsdag					76,09	5:25:08	14,05	
Gem km. / tot. dag					56,29			